



GRIMES PARKS & RECREATION FLAG FOOTBALL COACHES MEETING AGENDA

Tuesday, August 11, 2015
At 5:30 P.M. for Grades K-2 and 6:30pm for Grades 3-6
Grimes Community Complex Banquet Hall

I. General Agenda Items:

1. Check-In
2. Introduction of Director & Program/8th year of Flag Football
3. Location of Games- All groups at Lions Park
4. Location of Practices- Lions Park/Alternate Parks for older kids during week
5. Equipment Used-
 - Flag Belt- 3 flags on a belt, whole belt falls off
 - Football- nerf for Ages 5-K, Pee Wee size for Grades 1-2, Junior Size for Grades 3-4
 - Reversible red/white jersey that reads Grimes Parks and Recreation on it
 - Shoes- rubber cleats or tennis shoes
 - No pads allowed
 - Mouthpiece not required but recommended
6. Coaching Job Description- review and verbally agree
7. Practice Plans- sample lessons and drills
8. Game Rules/Playbook- coaches give input and discuss as needed
9. Subs (suggested to rotate after whole possession, instead of every play to keep game moving)
10. Official Schedules/Rosters will be Online Tomorrow at www.grimesiowa.gov.
11. First Aid/Weather Postponements/Other Questions
12. Fill out Volunteer Criminal Background Check & Sex Offender Registry